



# 2023 Youth Checklist



## What do children need to bring?

- Buoyancy aid - Ensure it is a good fit.  
Crotch straps are important as the buoyancy aid must stay below the head when in the water.
- Wetsuit & wetsuit boots – A good fit is essential!
- Warm clothing
- Sun cream & Hat
- Change of clothing/towel
- Drink – In a plastic bottle that can be taken on the water
- RYA Youth Sailing Scheme Logbook (Provided)  
Please ensure all belongings are clearly marked so they can be easily reunited with their owner

## What do parents need to bring

- Buoyancy aid
- Clothing to get afloat or into the water
- Enthusiasm & patience

## Session dates and times

Lead coach comms via Facebook, email or WhatsApp will be sent on the Wednesday or Thursday prior to a session confirming start & finish times along with session plan information as this is weather dependent.

As a rule of thumb for Kippers the early session will commence approximately 1½ hours before HW & the second session ½ hour after HW.

### Please let us know if you are or are not attending.

For the coaches to plan a session plan & organise safety cover it is essential that we know who's attending.

Due to the tides, there are times when the Children will be afloat around lunchtime. On these sessions please try to ensure they eat before they sail.

Date	Time	Event	HW	Date	Time	Event	HW
Sun 12 Mar	11:00	Youth Registration	N/A	Mon-Fri 14-18 Aug	TBA	KIPPER WEEK	1127-1350
Sun 2 Apr	10:00	Boat Prep & Familiarisation	N/A	Sat 19 Aug	TBA	Youth Sailing	1332
Sat 22 Apr	TBA	HRSC Junior Warming Pan	1343	Sun 20 Aug	TBA	Youth Sailing	1432
Sun 23 Apr	13:30	Capsize Drills @ Andark Pool	N/A	Sat-Tue 19-22 Aug	TBA	YOUTH WEEK	1423-1553
Sat 6 May	TBA	Youth Sailing	1242	Sat 26 Aug	TBA	Bursledon Regatta	0707
Sun 7 May	TBA	Youth Sailing	1319	Sun 27 Aug	TBA	Bursledon Regatta	0848
Sat 20 May	TBA	Youth Sailing	1241	Sat 2 Sep	TBA	Youth Sailing	1356
Sun 21 May	TBA	Youth Sailing	1327	Sun 3 Sep	TBA	Youth Sailing	1448
Sat 3 Jun	TBA	Optimist Open	1135	Sat 16 Sep	TBA	Youth Sailing	1320
Sun 4 Jun	TBA	Optimist Open	1218	Sun 17 Sep	TBA	Youth Sailing	1350
Sat 17 Jun	TBA	Youth Sailing RYA RJC @OSC	1144	Sat 23 Sep	TBA	RS Tera Open	0523
Sun 18 Jun	TBA	Youth Sailing RYA RJC @OSC	1231	Sat 30 Sep	TBA	YOUTH REGATTA	1246
Sat 8 Jul	TBA	Youth Sailing	1639	Sun 1 Oct	TBA	Youth Sailing	1329
Sun 9 Jul	TBA	Youth Sailing	1732	Sat 21 Oct	TBA	Topper Open	1627
Sat 15 Jul	TBA	Youth Sailing	1047	Sun 22 Oct	TBA	Topper Open	0526
Sun 16 Jul	TBA	Youth Sailing	1138				
Sat 5 Aug	TBA	Youth Sailing	1518	Sat 25 Nov	17:00	Youth Sailing Prizegiving	N/A
Sun 6 Aug	TBA	Youth Sailing	1615				

Alongside our Youth Sailing programme we aim to provide safety cover and support for our Youth sailors to participate in:

HRSC Junior Warming Pan: 22nd April

WSC Club Champs: 22nd July

Opens: 3<sup>rd</sup>- 4<sup>th</sup> June, 23<sup>rd</sup> Sept, 21<sup>st</sup>-22<sup>nd</sup> Oct

Bursledon Regatta: 26<sup>th</sup>-27<sup>th</sup> Sept

Any questions, comments or offers of help please contact Loz Shell – Kipper King

07828 967674

[kippers@warsashsc.org.uk](mailto:kippers@warsashsc.org.uk)

**Warsash Sailing Club**  
**Youth Session Standard Operating Procedures**

At the start of all sessions, the Senior Instructor must ensure all instructors and participants have an understanding of the following;

1. ***Safety briefing – Coaches & Safety Boat Crew***
  - Weather forecast to be obtained prior to going afloat.
  - Ensure all are aware of tide times & flow that will affect the session.
  - Ensure all are aware of safety and emergency procedures.
  - Appropriate lifejackets or buoyancy aids must be worn.
  - All to be aware of the areas we are sailing in.
  
2. ***Safety Briefing - Pupils***
  - Times of HW to be noted & effect during session to be discussed.
  - Wind direction & effect during session discussed.
  - Appropriate lifejackets or buoyancy aids must be worn on the pontoon as well as afloat.
  - Discuss the session agenda, what courses will be sailed in which area.
  
3. ***Boat manning***
  - All Safety boats to have a minimum of 2 people on board.
  - One member of crew must have the minimum of PB2 qualification.
  
4. ***Safety equipment***
  - Safety box to be drawn for each boat from the Kipper or RIB shed
  - RIBS - First aid kit, fire extinguisher, knife, paddles & anchor to be carried.
  - Jaffa - First aid kit, tow rope, bailer, paddles & anchor to be carried.
  
5. ***Shore-side information***
  - **One Parent or Guardian to remain on-site at all times.**
  - Next of Kin & Medical Details are to be provided by students at registration, a copy is held by the Kipper King or nominated contact (Kipper King Tel 07828 967674) and will be held by each lead instructor on the day.
  - **Parent or Guardian must sign in attendance at the beginning of each session and at the end of the session.**
  - Children to be signed on & off the water by the nominated registrar of the session.
  
6. ***Advance briefing of interested Parties***
  - Hamble Harbour Master to be informed as appropriate
  - VHF radio communications; WSC RIBs operate on Ch 37 (M1)
  - Traffic information
  - Commercial movements information can be obtained from Hamble Harbour Master Ch 68 and Southampton Port Control (VTS) Ch12.
  
7. ***Returning ashore***
  - Boat maintenance; safety boats are to be maintained as per the club's maintenance policy.
  - It is everyone's responsibility to ensure that all equipment (Safety Boats, Hulls, Rigs, Foils etc) is returned to its rightful place. Please do not leave it to others. If in doubt: ask!
  - When vacating the premises ensure that you take all personal belongings.

**ALL DEFECTS MUST BE REPORTED to [defects@warsashsc.org.uk](mailto:defects@warsashsc.org.uk) – ALL BOATS MUST BE WASHED DOWN WITH FRESH WATER AND ALL ENGINES FLUSHED WITH FRESH WATER**

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07828 967674      [kippers@warsashsc.org.uk](mailto:kippers@warsashsc.org.uk)