

# 2024 Youth Checklist

## What do children need to bring?

Buoyancy aid - Ensure it is a good fit. Crotch straps are important as the buoyancy aid must stay below the head when in the water. Wetsuit & wetsuit boots – A good fit is essential! П

□ Warm clothing

□ Sun cream & Hat

□ Change of clothing/towel

Drink – In a plastic bottle that can be taken on the water

RYA Youth Sailing Scheme Logbook (Provided)

Please ensure all belongings are clearly marked so they can be easily reunited with their owner

## What do parents need to bring

Buoyancy aid

Clothing to get afloat or into the water

Enthusiasm & patience

#### Session dates and times

Lead coach comms via Facebook, email, WhatsApp or Spond will be sent on the Wednesday or Thursday prior to a session confirming start & finish times along with session plan information as this is weather dependent. As a rule of thumb for Kippers the early session will commence approximately 1½ hours before HW & the second session ½ hour after HW.

#### Please let us know if you are or are not attending.

For the coaches to plan a session plan & organise safety cover it is essential that we know who's attending. Due to the tides, there are times when the Children will be afloat around lunchtime. On these sessions please try to ensure they eat before they sail.

Date			Time	Event	HW	Date			Time	Event	HW
Sun	17	Mar	11:00	Youth Registration	NA	Sat	27	Jul	TBA	Optimist Open	1630
Sun	14	Apr	From 13.30	Andark Capsize Drills	NA	Sun	28	Jul	ТВА	Optimist Open	1715
Sun	21	Apr	TBA	Boat Prep & Familiarisation	NA	Sat	3	Aug	TBA	Youth Sailing	1200
Sat	27	Apr	TBA	Youth Sailing	1410	Sun	4	Aug	TBA	Youth Sailing	1240
Sun	28	Apr	TBA	Youth Sailing	1445	Sat	17	Aug	TBA	Youth Sailing not Kipper Week groups	1050
Sat	11	May	TBA	Youth Sailing	1510	Sun	18	Aug	TBA	Youth Sailing not Kipper Week groups	1130
Sun	12	May	TBA	Youth Sailing	1600	Mon- Fri	19- 23	Aug	ТВА	Kipper Week	1200
Sat	25	May	TBA	Youth Sailing	1300	Sat- Tues	24- 27	Aug	ТВА	Youth Week	1520
Sun	26	May	TBA	Youth Sailing	1350	Sat	31	Aug	TBA	Youth Sailing	1040
Sat	8	Jun	TBA	Youth Sailing	1510	Sun	1	Sep	TBA	Youth Sailing	1130
Sun	9	Jun	TBA	Youth Sailing	1540	Sat	7	Sep	TBA	Youth Sailing	1430
Sat	22	Jun	TBA	Youth Sailing and RJC at WPNSA	1410	Sun	8	Sep	TBA	Youth Sailing	1500
Sun	23	Jun	TBA	Youth Sailing and RJC at WPNSA	1500	Sat	14	Sep	ТВА	Topper Open	0930
Sat	6	Jul	TBA	Youth Sailing	1230	Sun	15	Sep	TBA	Topper Open	1030
Sun	7	Jul	TBA	Youth Sailing	1250	Sat	21	Sep	TBA	Youth Sailing	1400
Sat	13	Jul	ТВА	RS Tera Southern Championships	1740	Sun	22	Sep	TBA	Youth Sailing	1450
Sun	14	Jul	TBA	RS Tera Southern Championships	1840	Sat	19	Oct	TBA	Youth Sailing	1250
Sat	20	Jul	TBA	Youth Sailing	1400	Sun	20	Oct	TBA	Youth Sailing	1340
Sun	21	Jul	TBA	Youth Sailing	1450	Sat	30	Nov	17:00	Youth Sailing Prizegiving	NA

Alongside our Youth Sailing programme, we aim to provide safety cover and support for our Youth sailors to participate in:

Opens: 1st & 2nd Jun, 29th & 30th Jun, 5th & 6th Oct **HRSC Junior Warming Pan: NA** 

**Bursledon Regatta: TBC** WSC Club Champs: 11th May

# <u>Warsash Sailing Club</u> <u>Youth Session Briefing - Standard Operating Procedures</u>

At the start of the season (\*), and where appropriate at the start of sessions, the designated Senior Instructor must ensure all instructors, parents and participants have an understand the following;

## 1. Safety briefing – Coaches, safety and support boat crews

- Weather forecast to be obtained prior to going afloat.
- Ensure all are aware of tide times & flow that will effect the session.
- Ensure all are aware of safety and emergency procedures\*
- Ensure all are aware of the safeguarding policy and procedures\*
- All Kippers and Sprats to wear buoyancy aids whilst on the Club jetties and afloat
- All Kippers and Sprats to wear appropriate clothing while afloat\*
- All to be aware of the sailing operating areas with clear definitions and boundaries.

## 2. Safety Briefing – Kippers and Sprats

- Times of HW to be noted & effect during session to be discussed.
- Wind direction & effect during session discussed.
- Appropriate lifejackets or buoyancy aids must be worn on the pontoon as well as afloat.
- Discuss the session agenda, what courses will be sailed in which area.
- No Kippers are to be within the RIB shed with out adult supervision.

## 3. Parent safety briefing

- At least two parents must lift Oppies on and off storage racks\*
- Children must be accompanied by an adult when collecting Oppie foils and rigs from the rib store\*
- No children may leave the site without the parents signing them out\*
- Parents must comply with the WSC safeguarding policy\*

## 4. Safety equipment

- Safety box to be drawn for each boat from the Kipper or RIB shed\*
- RIBS Flares, first aid kit, fire extinguisher, knife, paddles & anchor to be carried\*
- Jaffa First aid kit, tow rope, bailer, paddles & anchor to be carried\*
- Jaffa engines must be tied to the boats and kill cords used\*
- 5. **Designated Training Areas:** The lead instructor is to define training area in conjunction with other groups.

## 6. Boat manning

- All support or safety boats to have a minimum of 2 people on board\*
- CREW MUST NOT SIT ON THE SPONSONS AT SPEEDS EXCEEDING 4 KNOTS
- One member of crew must have the minimum of PB2 qualification\*

#### 7. Shore-side information

- One parent or quardian to remain on-site at all times\*
- NoK & medical details are to be provided by students at Kipper registration, a copy is held by the Kipper King or nominated contact and will be held by the lead instructor on the day\*
- Parent or guardian must sign in attendance at the beginning of each session\*
- Children to be signed on & off the water by the nominated registrar of the session\*

#### 8. Other operating procedures

• Ensure RHIB and other pertinent operating procedures have been read and complied with.

#### 9. Boat maintenance:

• Training boats are to maintained as per the club's maintenance policy, faults are to reported to the lead instructor & logged on RIB shed board for RIBS or on the board in the Kipper cage for Jaffas & Optimists\*.

\*\*ALL DEFECTS MUST BE REPORTED TO <a href="mailto:defects@warsashsc.org.uk">defects@warsashsc.org.uk</a> \*\*

\*\*ALL BOATS MUST BE WASHED DOWN WITH FRESH WATER

AND ALL ENGINES FLUSHED WITH FRESH WATER\*\*